

Lauren Fox, Ph.D.

Clinical Psychologist

Maryland License #07149 * Authority to Practice Interjurisdictional
Telepsychology (APIT) under PSYPACT – APIT #17098

Professional Contact Information

Rowan Center for Behavioral Medicine
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Clinical Specialties and Areas of Interest

- Emotional adjustment to chronic and/or life altering medical diagnoses
- Cognitive behavioral therapy for mood, as well as insomnia, chronic pain, and headaches
- Reproductive mental health, sexual functioning, and LGBTQ+ affirming mental health
- Mindful relaxation strategies, nonjudgmental acceptance, and increasing self-compassion and self-efficacy.
- Aiding in implementation of behavior change for managing chronic illness and/or improving health outcomes
- Psychological assessment for medical clearance (bariatric, transplant, spinal cord stimulator trial, gender affirming care, pre-surgical)

Professional Appointments and Training Experiences

2023-Present	Medical Health Psychologist The Sandra and Malcolm Berman Brain and Spine Institute Sinai Hospital
2022-2023	Clinical Psychology Postdoctoral Fellow HIV and Liver Diseases VA Maryland Healthcare System
2021-2022	Clinical Psychology Resident in Behavioral Medicine The Warren Alpert Medical School of Brown University APA Accredited Predoctoral Internship

Education

Doctor of Philosophy, Clinical Psychology

2022

University of Tennessee, Knoxville

Department of Psychology, Clinical Psychology

Master of Arts, Clinical Psychology 2019
University of Tennessee, Knoxville
Department of Psychology, Clinical Psychology

Master of Professional Studies, Clinical Psychological Science 2015
University of Maryland, College Park
Department of Psychology, Clinical Psychology

Bachelor of Music 2010
University of Maryland, College Park

Publications

Fox, L.P., & Moore, T.M. (2021). Exploring Changes in Gang Involvement and Associated Risk Factors for American Indian Adolescents in Reservation Communities. *American Indian and Alaska Native Mental Health Research*

Hernandez-Vallant, A., Herron, J., **Fox, L.P.**, Winterowd, C. (2021). Culturally relevant practice guidelines for therapists serving American Indian and Alaska Native clients. *the Behavior Therapist*

Fox, L.P., Moore, T.M., Passik, S., Meske, D.S., Jones, T. (2020). A pilot study to assess the incidence and prediction of diversion among chronic pain patients on opioid therapy. *Practical Pain Management, 20*(5).

Brady, J., Kaya, A., Iwamoto, D., Park, A., **Fox, L.**, Moorhead, Marcus. (2017). Asian American Women's Body Image Experiences; A Qualitative Intersectionality Study. *Psychology of Women Quarterly, 41*(4), 479-496.

Conference Presentations

Fox, L., Moore, T.M. (2019). *American Indian Gang Involvement: Changes and Associated Risk Factors for Adolescents on Reservation Communities 1993-2013*. Poster presented at the Association for Behavioral and Cognitive Therapies Convention, Atlanta, GA.

Fox, L., Moore, T.M. (2018) *Investigating Growth in Youth Gang Affiliation Across Reservation Communities Utilizing Adolescent Self-Report: 1993-2013*. Poster presented at the Association for Behavioral and Cognitive Therapies Convention's Native American Issues in Behavioral Health and Research SIG, Washington, DC.

Skadberg, R., Waugh, M.H., **Fox, L.** (2018) *Mapping Intra-Person Variability Over Time with the AMPD*. Poster presented at Society for Personality Assessment Annual Convention. Washington, D.C.

Fox, L., Bounoua, N., Lejuez, C., Felton, J. (2016) *Sex, emotional abuse and marijuana use across adolescence*. Poster presented at the Society for Research on Adolescence Biennial Meeting. Baltimore, MD.

Fox, L., Iwamoto, D., Brady, J., Kaya, A., Park, A., and Moorhead, M., (2016). *Thank you for smoking: risk and prevalence of e-cigarette use in college students*. Poster presented at the American Psychological Association Annual Convention. Denver, CO.

Brady, J, Kaya, A., **Fox, L.**, Park, A., Moorhead, M., and Iwamoto, D.K. (2016). *Body image experiences among Asian American women: An intersectionality framework*. Paper presented at annual meeting of the American Psychological Association. Denver, CO.

Park, A., Kaya, A., Brady, J., **Fox, L.**, Moorhead, M., and Iwamoto, D.K. (2016). *Act Like a Lady, Binge Like a Man: Feminine Norms, Race, and Alcohol Use*. Poster submission presented at the American Psychological Association Annual Convention. Denver, CO.

Moorhead, M., Iwamoto, D.K., Brady, J., Kaya, A., **Fox, L.**, and Park, A. (2016). *A longitudinal examination of feminine norms and mixed energy consumption among college women*. Poster submission presented at the American Psychological Association Annual Convention. Denver, CO.

Fox, L., Jain, A., Akhmedova, D., Vijay, A. (2015) *Mindfulness and attitudes towards borderline personality disorder*. Poster presented at the International Society for the Improvement and Teaching of Dialectical Behavioral Therapy. Chicago, IL.

Akhmedova, D., Jain, A., **Fox, L.**, Vijay, A. (2015). *The relationship between mindfulness and burnout among DBT clinicians*. Poster presented at the International Society for the Improvement and Teaching of Dialectical Behavioral Therapy. Chicago, IL.

Jain, A., Akhmedova, D., **Fox, L.**, Vijay, A. (2015). *Examining the relationships between consultation team characteristics and levels of therapist burnout*. Poster presented at the International Society for the Improvement and Teaching of Dialectical Behavioral Therapy Chicago, IL.

Lee, J., Testut, A., Epperly, A., **Fox, L.**, Crowley, M., and Felton, J. (2015). *Co-rumination and alcohol related problems in college students due to a causal relation of co-rumination to rumination to alcohol related problems: A preliminary finding*. Poster presented at the Association for Behavioral and Cognitive Therapies Convention, Chicago, IL

Research Positions

- 2021-2022** Behavioral Medicine Resident
Warren Alpert Medical School of Brown University
Research Mentor - Rani Elwy, Ph.D
- 2016-2021** Graduate Research Assistant
University of Tennessee, Knoxville
Moore Lab
Research Advisor - Todd Moore, Ph.D
- 2016** Research Assistant
Center for Early Childhood Education and Intervention Human Development
and Quantitative Methodology
University of Maryland, College Park
PI: Christy Tirrell-Corbin, Ph.D
- 2015-2016** Research Assistant
Gender, Culture, and Health Lab
University of Maryland, College Park
PI: Derek Iwamoto, Ph.D

Graduate Clinical Externships/Training Experiences

- 2017-2021** University of Tennessee Psychological Clinic *Trainee Therapist*
- 2019-2020** University of Tennessee School of Music *Behavioral Health Consultant*
- 2019-2020** UT Medical Center Cancer Institute *Clinical Extern*
- 2018-2019** Cornerstone of Recovery *Clinical Extern*