

CURRICULUM VITAE

Elizabeth Roy, Psy.D.

Rowan Center for Behavioral Medicine
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Education

- Marywood University, Scranton Pennsylvania
 - Doctor of Clinical Psychology (Psy.D.) August 2024
 - Master of Arts in Clinical Psychology, August 2021
 - Bachelor of Science Clinical Psychology, May 2017

Relevant Work & Clinical Experience

Psychological Associate, Rowan Center for Behavioral Medicine

Towson, MD

August 2024- Present

Supervisor: Meghan Beier, Ph.D.

- Duties include providing individual therapy to adults with a focus on adjustment to disability and coping with chronic illness or chronic pain utilizing evidence-based treatments such as Cognitive Behavioral Therapy, Acceptance and Commitment Therapy, and Motivational Interviewing.
- Administering psychological assessment when appropriate to determine diagnosis.

Rehabilitation Psychology Intern, Louis Stokes Cleveland VAMC

Cleveland, OH

August 2023- August 2024

First Rotation: Spinal Cord Injury and Disorders Unit (08/2023-12/2023)

Supervisors: Angela Kuemmel, Ph.D., ABPP(Rp); Thomas Dixon, Ph.D., ABPP (Rp)

- Conducted SCI/D annual psychological evaluations and administered brief cognitive screeners (MoCA & MoCA-22).
- Provided individualized, culturally sensitive, evidence-based interventions to Veterans with SCIs, multiple sclerosis, or amyotrophic lateral sclerosis (ALS) to address symptoms of depression, anxiety, and/or adjustment to disability.
- Participated in weekly SCI grand rounds and interdisciplinary team meetings to provide holistic care to Veterans and their caregivers.
- Co-facilitated SCI Advocacy, Women's, and Passion telehealth groups. These groups focused on providing supportive, advocacy, educational, and skills-based intervention.

Cognitive Processing Therapy (CPT) Enrichment (10/2023- 08/2024)

Supervisor: Kerry Renner, Ph.D.

- Completed training program to learn about CPT, CPT+A, and Group CPT.
- Engaged in weekly consultation and supervision.
- Provided CPT and CPT+A

Assessment Module: PTSD Clinical Team (11/2023)

Supervisor: Ashley Fedynich, Psy.D.

- Conducted intake evaluation in the PCT.
- Administered Clinician Administered PTSD Scale for DSM-5 (CAPS).

Second Rotation: Primary Care Mental Health Integration (12/2023- 4/2024)

Supervisor: Joseph Graber, Ph.D.

- Duties included providing rapid consultation, treatment of biopsychosocial problems using behavioral health interventions.
- Provided short-term psychotherapy.
- Collaborated with interdisciplinary team.
- Co-facilitated groups focused on tobacco cessation and sleep.
- Conducted pre-surgical evaluations for bariatric surgery.

Third Rotation: CARES Tower/Blind Rehabilitation Center (4/2024- 8/2024)

Supervisor: Ian Comnick, Psy.D; Sheena Balolong-Publico, Ph.D.

- Duties included treatment of individuals after serious injuries/events (e.g. TBI, stroke, amputation).
- Provided brief interventions to Veterans and families focused on adjustment to disability and addressed related psychological concerns.
- Completed brief cognitive assessments (e.g. RBANS-focused).
- Participated in interdisciplinary teamwork while working with patients served by the CARF Acute Rehab, Polytrauma/TBI, and Neurology Stroke teams.
- Provided supportive psychotherapy to Veterans admitted to the Blind Rehabilitation Center focused on coping with vision loss.

Doctoral Practicum Student, Good Shepherd Rehabilitation Hospital

Allentown, PA

July 2022- June 2023

Supervisors: Kaitlin Fiedler, Psy.D; Luke Ciaccio, Ph.D

- Provided individual psychotherapy to clients in outpatient clinic and skilled nursing facility.
- Observed individual psychotherapy sessions and intake evaluations on inpatient rehabilitation unit.
- Attended inpatient rehabilitation interdisciplinary team meetings.
- Observed, scored, and administered neuropsychological assessment batteries.

- Observed intake evaluations for neuropsychological evaluations and spinal cord stimulator evaluations. Written spinal cord stimulator evaluation report.
- Participated in didactic training and individual supervision.
- Assisted with outreach events. Presented to SCI support group about “Sexuality and SCI” as part of an interdisciplinary team presentation.

Assessment Tools Administered/Observed/Scored: MoCA, Visual Acuity, Visual Field Exam, Grip Strength, Grooved Pegboard, MSVT, Dot Counting Test, The B Test, MMPI-3, BBHI2, PCL5, Pain Catastrophizing Scale, SCL-90-R, GAD-7, PHQ-9, Multidimensional Fatigue Inventory-Short Form, WAIS-IV, WASI-II, CVLT3, NAB, WMS-IV, WRAT5, Conner’s CPT III, Digit Vigilance Test, Trails A/B, JOLO, Boston Naming Test, BDAE Complex Ideational Material, FAS/Animals- Controlled Oral Word Association, Booklet Category Test, DKEFS (Verbal Fluency, Color-Word Interference, 20 Questions, Tower Test, Proverb Test, Trail Making), Wisconsin Card Sorting Test

Doctoral Practicum Student, Marywood University Counseling/Student Development Center
Scranton, PA

August 2021- May 2023

Supervisor: Robert Shaw, Psy.D, ABPP; Amy Krukovitz, Psy.D

- Provided individual psychotherapy to college students with a range of presenting concerns.
- Provided care to students in crisis and provided walk-in sessions.
- Provided mandated therapy sessions.
- Conducted clinical intake interviews, administered and scored psychological assessment batteries, provided feedback from assessments to clients and completed psychological reports for clients.
- Participated in didactic training and individual supervision.
- Assisted with outreach events.

Assessment Tools Utilized: CCAPS-62, Beck Anxiety Index, MCCI, MMPI-2, MMPI-3, MCMI-III, Stroop, Iowa Trail Making Test, T.O.V.A., WAIS-IV, WRAT5, Neurological Impairment Scale, Impact of Events Scale-Revised, Yale-Brown Obsessive-Compulsive Scale

Doctoral Practicum Student, Psychological Services Center at Marywood University
Scranton, PA

August 2021-May 2022

Supervisor: Caroline Johanson, Ph.D.

- Provided individual psychotherapy with a variety of presenting concerns.
- Conducted clinical interviews, administered and scored psychological tests, provided feedback from assessments to clients, and completed related psychological reports for clients.
- Participated in didactic training and group clinical supervision.
- Participated in screening outreach events.

Assessment Tools Utilized: SCL-90R, Beck Anxiety Index, Beck Depression Inventory, Core Outcome Measure, Conners-3 Self-Report and Parent-Report, WISC-V

Master's Practicum Student, *Psychological Services Center at Marywood University*

Scranton, PA

August 2020- August 2021

Supervisor: Mathew Schaffer, Psy.D.

- Provided individual and couples psychotherapy with a variety of presenting concerns.
- Conducted clinical interviews, administered and scored psychological tests, provided feedback from assessments to clients, and completed related psychological reports for clients.
- Participated in didactic training and group clinical supervision.

Assessment Tools Utilized: SCL-90R, Marital Satisfaction Inventory-Revised, Beck Anxiety Index, CORE Outcome Measure

Ireland Home Based Services, *Home Based Family Case Worker*

Sellersburg, IN

August 2017- November 2017

Supervisor, Paris Scott

Provided supervised visitation for Child and Youth Services of Indiana, provided case management for parents involved with Child and Youth Services, and provided mentorship for children involved with Child and Youth Services. Attended group supervision and didactic training.

Clinical Undergraduate Internship, *Tobyhanna Army Depot*

Tobyhanna, PA

January 2017- May 2017

Supervisor: Heather Fielder, Psy.D.

Observed client sessions, filed client notes, attended interprofessional meetings.

Supervision Experience

Supervision Practicum, *Marywood University, Scranton, PA*

August 2022- May 2023

Supervisor: Lindsey Phillips, Psy.D., ABPP

- Provided skills-based supervision to 2nd-year students in Psy.D. program at Marywood.
- Reviewed recorded sessions and provided feedback on micro-skills, ACT skills, and CBT skills.
- Reviewed topics such as treatment planning, discussing diagnosis with clients, discussing core beliefs and thought challenging.
- Received group supervision of supervising experience.

Research

Dissertation, Marywood University, Scranton, Pa

Advisor: Brooke Cannon, Ph.D

Empirically investigated the predictive nature of personality variables and self-efficacy on coping strategies used by college students with chronic pain.

- Defended 04/17/2024

Sensation and Perception Lab

Jan 2014- May 2014; Jan 2015- May 2015

Supervised By: Dr. Edward Crawley, Ph.D

Read and discussed literature current to relevant research projects and brainstormed new project ideas. Set up participants for computer-based studies.

Publication in Professional Society Newsletter

Roy, E., & Logan, J. (2022). A snapshot: Accessibility checkup for mental health practices. *The Pennsylvania Psychologist*, 82 (7), 5-6.

Presentations

Roy, E., Glosser, S., Palmer, S., Rivera, G., Rosenbaum, E., Tufano, A., & Tyrrell, A. (2020, March 12-14). *Lillian Comas-Diaz: A trailblazer in multicultural psychology* [Conference session]. Eastern Psychological Association, Boston, MA, United States.

https://www.easternpsychological.org/files/DOCUMENTLIBRARY/EPA%20program%202020_fnl.pdf (Virtual Poster)

Roy, E., Freuhan, A. & Richardson, K. (2015). The Effects of Power Posing on Risk Taking Behavior. Poster presented at Marywood University Undergraduate Research Forum. 2015 April 23; Scranton, PA.

Professional Memberships

American Psychological Association Graduate Student Member, May 2017- Present

- Member of Division 22: Rehabilitation Psychology, 2021-Present
 - Div 22 Education and Training Committee Member, 2022- Present
 - Student Leadership Network Member, 2022- 2024
- Member of Division 38: Health Psychology, 2022- 2024
- Division 40: Society for Clinical Neuropsychology, 2021-2023

Pennsylvania Psychological Association Graduate Student Member, 2020- Present

Academy of Spinal Cord Injury Professionals Trainee Member, 2022- Present

Honors

2013 Psi Chi International Honor Society in Psychology

2023 Delta Alpha Pi International Honor Society Marywood University Theta Xi Chapter

Outreach

National Depression Screening Day

Psychological Services Center- Marywood University

October 2019, October 2021

- Screened individuals for depressive symptoms. Duties included: administering, scoring, and interpreting the HANDS Depression Screening Tool, Mood Disorder Questionnaire, Carroll-Davidson Generalized Anxiety Disorder Screen, and Modified SPRINT PTSD Screen; providing feedback to community members and university students.

National Eating Disorder Screening Day

Psychological Services Center- Marywood University

February 2020, February 2022

- Screened individuals for disordered eating and unhealthy eating behaviors. Duties included: administering, scoring, and interpreting EAT-26; providing feedback to community members and university students; providing psychoeducational materials.

National Memory Screening Day

Psychological Services Center- Marywood University

November 2021

- Screened individuals for memory deficits. Duties included: administering, scoring, and interpreting MMSE; providing feedback to community members and university students.

National Anxiety Screening Day

Psychological Services Center- Marywood University

April 2022

- Screened individuals for anxiety symptoms. Duties included: administering, scoring, and interpreting Mini International Neuropsychiatric Interview; providing feedback to community members and university students.

Healthcare Discovery Camp

Psychology & Counseling Department- Marywood University

June/July 2021

- Provided information about the field of psychology as a healthcare career to high school students.

Promoting Awareness of College Transition (PACT)

Counseling/Student Development Center- Marywood University

September 2021, September 2022

- Provided psychoeducation to Freshman and transfer students on topics such as sexual misconduct, drug and alcohol-related sexual misconduct, stalking, healthy relationships, consent, bystander awareness, and campus resources.

Extracurricular

- UPSIDE (Underrepresented Psychology Student Inclusion, Development, & Empowerment)
 - Organization that promotes the inclusion, development, and empowerment of minoritized populations of individuals within the psychology field. The main goal is to encourage undergraduate students from underrepresented groups to pursue doctoral education in clinical psychology. We host events to provide information on contributions from psychologists who belong to minoritized groups and general information about working with marginalized groups of people. I have helped organize a discussion of the documentary *Crip Camp* and an accessibility walk which was to highlight accessibility barriers on our campus.
 - Secretary 2020- 2021
 - Fundraising Committee Member 2021- 2023
- PsyD Cohort Representative, 2021- 2022
 - Meets twice a year with other cohort representatives and faculty members to discuss concerns of students and provide positive feedback of program.
- Member ANST Interest Group of Marywood University, 2021- present

Professional Development

ACT for Beginners Course, Self-Study

Instructor: Dr. Russ Harris

Six-week course that went through the theory of ACT and components of the ACT model hexaflex. Included interventions to use when working on each area of hexaflex as well as information about conceptualization for each component.

Interprofessional Education (IPE)

9/21, 3/22 Participated in student training event held by Marywood University to facilitate experience in working with individuals from other health care professions. Met with nursing, physician assistant, nutrition, social work, and art therapy students to discuss ways each profession would be a part of comprehensive care.