

GIANA YOUNG, Psy.D.
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EDUCATION

2018 **Psy.D. Program: Clinical-Community Psychology (APA Accredited)**

- *University of La Verne, La Verne, CA*

2014 **Masters of Science in Clinical Psychology (APA Accredited)**

- *University of La Verne, La Verne, CA*

2008 **Bachelor of Arts in Psychology & Bachelor of Arts in Theological Studies**

- *Loyola Marymount University, Los Angeles, CA*

CLINICAL & BEHAVIORAL EXPERIENCE

08/23-Present **Rowan Center for Behavioral Medicine: Burbank, CA**

Psychological Associate

- Provides evidence-based individual and group therapy for depression, anxiety, stress-management, relationship problems, and phase of life issues.
- Utilizes Valant to secure and document electronic health records.

11/21-2/23 **Cross Country Education: Los Angeles, CA**

Behavior Interventionist Specialist (BII)

- Provides one-to-one behavioral and academic support for children with symptoms of Intellectual Disability and other developmental disabilities in school.
- Utilizes Applied Behavior Analysis (ABA) to provide services to clients that range from intervention and behavior assessment to address any core skill deficits while increasing social communication abilities.
- Trained by the Crisis Prevention Institute (CPI) to safely manage disruptive and assaultive behavior of clients with severe symptoms.

POST-DOCTORAL FELLOWSHIP EXPERIENCE

07/19-07/20 **Tarzana Treatment Centers (Central): Tarzana, CA**

Clinical Psychology Post-Doctoral Fellow

- Provide clinical services to individuals in an inpatient (residential and detox) and outpatient setting.
- Conduct semi-structured interviews using the ASI, Addiction Severity Index, on various demographics ranging from young to older adults, as well as, various ethnic backgrounds.
- Provide collaborative, triage care with nursing staff, medical doctors, psychiatrist, and counselors.
- Create and maintain the psychiatric schedule for all detox patients. Follow acute patients, tended to crisis situations, and aid/facilitate hospitalizations (5150s).

- Oversee, organize, and maintain the Mental Health Outpatient Program (MHOP) designed to provide therapy to uninsured and low risk individuals. Provided individual therapy through DMH services, as well as, through MHOP.
- Provided staff with a training presentation on “Self-Care & Burnout.”
- Assist practicum and intern students in clinical services delivered and provide feedback throughout their training year.

PRE-DOCTORAL INTERNSHIP EXPERIENCE

08/16-08/17 Violence Intervention Program Community Mental Health Center: East Los Angeles, CA

Psychology Intern

- Provided comprehensive mental health services to children and their families who were affected by child abuse, neglect, sexual assault, or domestic violence.
- Offered crisis counseling, individual and family therapy, academic advocacy, assessment, and referrals to other community agencies.
- Was responsible for completing full battery assessments, intakes, developing case plans, treatment and intervention.
- Was responsible for documentation, recommendations, and correspondence with the Department of Children and Family Services and working with a multidisciplinary team of social workers, nurses, physicians, case workers, teachers, school staff, and caregivers to ensure the economic, academic, mental, and medical health needs of each child were met.
- Attended didactic training seminars and supervision weekly.

PRACTICUM EXPERIENCE

9/12-5/13 Central Juvenile Hall, Department of Mental Health: Los Angeles, CA

Practicum Trainee

- Provided brief individual therapy and crisis intervention services in psychodynamic, cognitive-behavioral, & behavior modification modalities to incarcerated adolescents (e.g. with developmental disabilities, behavioral excesses, mood disorders, etc) in the juvenile justice system.
- Routinely administered the following assessments to incarcerated children/adolescents: Massachusetts Youth Screening Instrument-2 (MAYSI-2), the Brief Symptom Inventory (BSI), and a supplemental co-occurring disorder assessment which screened for substance abuse.
- Conducted child/adolescent initial assessments, client coordination plans, cognitive and personality assessments.
- Approached treatment with multidisciplinary team consisting of minors’ psychiatrist, social worker, probation unit staff, & nurses.

8/11-8/12 Hollywood Mental Health Center: Hollywood, CA

Practicum Trainee

- Approached treatment with multidisciplinary team consisting of minors’ psychiatrist, social worker, probation unit
- Provided out-patient short and long-term individual therapy in cognitive-behavioral therapy modality to persistently severely mentally-ill adults.
- Participated in Homeless Outreach.

- Co-facilitated Art therapy and Baking Wellness group.
- Conducted adult initial contact screenings, adult initial assessments, client coordination plans, cognitive and personality assessments.

8/10-01/11 **Project Sister Family Services: Pomona, CA**

Practicum Trainee

- Provided long-term individual therapy in psychodynamic and play therapy modality to children, adolescents, and adult survivors of sexual assault and child sexual abuse.
- Co-facilitated group therapy to adolescent survivors of sexual assault.

OTHER CLINICAL & ASSESSMENT EXPERIENCE

08/16-05/17 **Champion Counseling Center, Faithful Central Bible Church: Inglewood, CA**

Psychological Assistant

- Provided educational and counseling services to meet the needs of children, teens, adults, couples, and families, including crisis intervention services.
- Trained in the integration of Theology and Psychology, utilized evidence-based techniques to provide real-world solutions to the problems of clients from the community, as well as, Faithful Central Bible Church attendees.

04/16-05/17 **CA Respite Care: Claremont, CA**

Direct Respite Care Staff

- Provides one-to-one respite care for special needs children and adults and supportive services to their families within their home setting.
- Collaborates with parents/guardians to ensure maintenance of client's daily routine including helping with homework, completing chores, brushing teeth, etc.

04/16-05/17 **CA Psychcare, Specialized Individual Training: Upland, CA**

Direct Respite Care Staff

- Provides one-to-one respite care and intensive behavioral services for children and adults with severe symptoms of autism spectrum disorder (ASD) and other developmental disabilities in either the home, school or somewhere in the community that is meaningful for behavior change to occur for the family.
- Utilizes Applied Behavior Analysis (ABA) to provide services to clients with autism that range from intervention, behavior assessment, in-home parent training, community learning, and sibling support to address any core skill deficits while increasing social communication abilities.
- Trained by the Crisis Prevention Institute (CPI) to safely manage disruptive and assaultive behavior of clients with severe symptoms of autism.

05/15-08/16 **There Is Hope, Behavioral Management Services: Upland, CA**

Behavior Interventionist & Adaptive Skills Trainer

- Provided one-to-one support and instruction using Applied Behavioral Analysis (ABA) to individuals with developmental disabilities, which is designed to increase daily living skills

and facilitate their ability to communicate and function socially-at home, school, work, and other community environments.

- Performed assessments to develop personal goals and objectives for each consumer using The Assessment of Functional Living Skills Protocol (e.g. Basic, Home, and Community).
- Performed development and implementation of an individual service plan, providing for documentation and acquisition of measurable goals and objectives, promoting complete independence and empowerment.
- Supervised other behavior interventionists and provides in-home parent training including psycho-education about the function of the consumers behavior, the antecedent, and positive consequence strategies to promote behavior modification.

05/14-08/14 **Optimal Psychological Services: Atlanta, GA**

Psychometrist

- Performed psychological evaluation and testing in various locations for children and adolescents (e.g. with developmental disabilities, behavioral excesses, mood disorders, etc) following deprivation from family of origin due to Department of Children and Family Services (DFCS) involvement.
- Performed clinical interview with child/adolescent and collateral interview with guardian/foster parent.
- Reviewed previous psychological assessments and legal history, if applicable.
- Administered assortment of the following tests depending on referral question: Wide Range Intelligence Test (WRIT), Trauma Events Screening Inventory (TESI-C), Beck Anxiety Inventory for Youth (BAI-Y), Beck Depression Inventory for Youth (BDI-Y), Beck Anger Inventory for Youth (BANI-Y), Beck Disruptive Behavior Inventory for Youth (BDBI-Y), Beck Self-Concept Inventory for Youth (BSCI-Y), Children's Sentence Completion Test, Three Fears Three Wishes Test, Kinetic Family Drawing, and a Mental Status Exam.
- Provided full battery report to DFCS including five axes diagnoses and treatment recommendations.

01/13-12/13 **Abeita & Associates Behavioral Services: Mission Viejo, CA**

Assistant Behaviorist

- Provided behavior consultation with residential facility staff to train adults with developmental disabilities to increase daily living skills and decrease inappropriate behaviors.
- Prepared behavior intervention plans using B.I.R.P. format, monthly and quarterly reports to review with staff, resident, and family of resident (if present).

OUTREACH AND CONSULTATION

09/09-12/09 **Bullying: A Prevention Oriented Intervention, Mountain View Elementary, Claremont, CA**

- Provided a collaborative training for educators, school staff, and student's parents addressing bullying prevention and intervention.
- Presented current research regarding bullying prevention.

PRESENTATIONS

Young, G., Nguyen, A., & Jordan, V.B. (2010). *State-by-State Variations in Continuing Professional Education Requirements*. Paper presented at the 2010 118th Annual Convention of the American Psychological Association, San Diego, CA.

RESEARCH EXPERIENCE

Young, G. (2018) *Multicultural correlates of perceptions of safety among African American women*. Dissertation.

- Using a quantitative survey method, researcher collected data from consenting participants which included African American females, 18 years or older, who attended church.
- The purpose of the study was to evaluate the relationship between perceptions of relationship safety among African American women and several multicultural concepts. Specifically, the study examined the effects an African American woman's acculturation strategies, ethnic/racial identity beliefs, perceived gendered racism/sexism, perceived ethnic discrimination, religiosity/spirituality, and shifting behaviors had on her overall perceptions of relationship safety as observed separately through physical, verbal/psychological, and control safety constructs.

08/07- 05/08 **High-School Drop-Out Crisis Assessment, Community Coalition, South Los Angeles, CA**

- Supervisor: Dr. Cheryl Grills
- As a Collaborative Researcher with youth leaders of the coalition, assisted with collection of comprehensive of data from 6,008 students from South Los Angeles High Schools for study titled: "Push-Out not Drop-Out". It was concluded that the "drop out" crises within South LA High Schools should be reframed as a "push out". Findings suggested that students were "pushed out" due to inadequate educational environments, shortcomings of quality of education, the neglect of these issues by the Board of Education, and essentially, the lack of resources for students' to rely on for coping. Research findings were used in order to help change public policy and positively reform the education system.

SUPERVISION EXPERIENCE

08/14- 05/15 **Psy. D. Program in Clinical- Community Psychology: La Verne, CA**
Supervisor-in-Training

- Supervised by: Dr. Rick Rogers
- Received didactic and experiential training in supervision skills
- Provided peer supervision to two second year doctoral students in the Psy.D. program in Clinical-Community Psychology at the University of La Verne
- Assisted supervisees in developing therapeutic and professional competence by helping the supervisee identify supervision, therapeutic, and professional goals for oneself

VOLUNTEER EXPERIENCE

01/16-Present **The Positive Results Corporation: South Los Angeles, CA**
Volunteer

- Works with children, youth, Transitional Aged Youth (TAY), and adults to build "positive results" in communities by encouraging youth and families to be proactive in creating a

legacy of anti-violence and prevention approaches in places where they live, work, worship, and educate.

- Provides psycho-education, leadership development and character development training to empower participants to make wise choices about their personal safety and safety of others, while building a culture of youth and families who embrace and promote non-violence.

ADDITIONAL TRAINING/SKILLS/ CERTIFICATIONS

- Psychological Testing: Wechsler Intelligence Scale for Children, Fifth Edition (WISC-V), Wechsler Adult Intelligence Scale, Fourth Edition (WAIS-IV), Minnesota Multiphasic Personality Inventory-2 and Adolescent (MMPI-2 & MMPI-A), Rorschach, House-Tree-Person test (HTP), & Thematic Apperception Test (TAT)
- Crisis Prevention Institute (CPI)
 - Trained to know how to deescalate a situation by having a systematic approach to intervening during incidents of potential assaults; which will ensure that the client will less likely injure or be injured
- CA Brief Multicultural Competence Scale (CBMCS) Training Certification
 - CBMCS is a diversity-training tool to help practitioners be culturally sensitive to cultural competence. Training helps one gain a deeper understanding and appreciation to different types of diversity such as ethnicity, age, sexual preference, and other important diversities. Training assists practitioners to be sensitive to diverse groups and how to implement culturally competent techniques in treatment.
- American Heart Association (CPR) and First Aid certified

REFERENCES

1. Sarah Schwartz, Psy.D.
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