

Meredith Jan Tackett, Ph.D., ABPP(RP)

Rowan Center for Behavioral Medicine

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EDUCATION

- Ph.D., 1998 University of Denver, Denver, CO
Major: Counseling Psychology (APA Accredited)
Dissertation: Psychotherapy Research: Communication Breakdown
Major dissertation advisor: Maria T. Riva, Ph.D.
- M.S., 1992 Villanova University, Villanova, Pennsylvania Major:
Counseling and Human Relations
- B.A., 1989 Pennsylvania State University, University Park, Pennsylvania
Major: Arts and Sciences

APPOINTMENT

Clinical Assistant Professor, University of Washington Department of Rehabilitation Medicine

LICENSURE

Washington State Licensed Psychologist (#2403)
Board Certified in Rehabilitation Psychology (#6600)

PROFESSIONAL EXPERIENCE

- 9/23 to present **Rehabilitation Psychologist**
Rowan Center for Behavioral Medicine
- 4/01 to present **Staff Psychologist – VA PSHCS Spinal Cord Injury Service**
Providing comprehensive psychological services to a diverse population of acute and longterm spinal cord injured veterans and active duty soldiers. Conducting neuropsychological, psychiatric, and health psychology assessments for a thirty-eight bed inpatient program and an outpatient clinic serving over 600 patients in five states. Assisting multidisciplinary team addressing behavioral problems in patients with adjustment, psychiatric, pain, and addictions issues. Providing consultation and leadership in patient services, administration, and research activities.

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- 10/00 to 4/01 **PTSD Triage Coordinator – VA PSHCS**
Conducted emergency intake interviews, established treatment plans, and established treatment in medical center and in the community. Coordinated emergency and planned admissions for inpatient PTSD program. Conducted independent research related to predicting cost of care for Persian Gulf Veterans.
- 4/99 to 10/00 **Research Health Science Specialist – VA PSHCS (Persian Gulf/PTSD Clinics)**
Conducted CBT groups, individual counseling and collaborative research activities related to Gulf War symptoms and PTSD.
- 10/97 to 4/99 **Counselor/Coord. of Drug, Alcohol, and Wellness Programs - Central WA University**
Developed a comprehensive prevention and wellness program to address collegiate lifestyle decision-making. Supervised staff activity, submitted and managed grants from national organizations, and coordinated budgetary resources. Conducted group and individual interventions with college student population. Maintained ongoing program research and development. Supervisor: Patricia Cole, Ph.D.
- 8/96 to 8/97 **Predoctoral Internship - Seattle Veterans Administration Medical Center**
Rotations: Addictions Treatment Center, Inpatient Post-traumatic Stress Disorder Unit, and Spinal Cord Injury Unit/Bone Marrow Transplant Unit. Training Director: Kathie Larsen, Ph.D.

PUBLICATIONS, PRESENTATIONS, GRANTS

- Tackett, M. J., Gorgens, K., Miller, M. A., & Lyman, K. H. (2022). Understanding the rehabilitation psychology specialty career pathway. *Rehabilitation Psychology*, 67(1), 1.
- Tackett, M. J., Chopin, S. M., & Karol, R. L. (2021). Psychologist leadership on inpatient rehabilitation teams: Organizational science in practice. *Rehabilitation Psychology*. Advance online publication. <https://doi.org/10.1037/rep0000408>
- Tackett, M. J. & Ullrich, P. Spinal Cord Injuries and Disorders. In: Brenner, L. A., Reid-Arndt, S. A., Elliott, T. R., Frank, R. G., & Caplan, B. E. (2019). *Handbook of rehabilitation psychology*, (3rd Ed). APA, Washington, DC.
- Tucker, R. P., Tackett, M. J., Glickman, D., & Reger, M. A. (2019). Ethical and practical considerations in the use of a predictive model to trigger suicide prevention interventions in healthcare settings. *Suicide and Life-Threatening Behavior*, 49(2), 382-392.
- Tackett, M. J., Nash, L., Nierenberg, B., Stucky, K. S. (2016). Supervision in Rehabilitation Psychology: Application of Foundational Principles. Seminar presented at Rehabilitation Psychology Annual Conference, Atlanta, GA.
- Tackett, M. J., Nash, L., Stucky, K. S., Nierenberg, B. (2016). Supervision in Rehabilitation Psychology: Application of Beatrice Wright's Value-Laden Beliefs and Principles. *Rehabilitation Psychology*, 61(1), 74-81. doi: 10.1037/rep0000070.

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- Ullrich, P. M., Lincoln, R. L., Tackett, M. J., Miskevis, S., Smith, B.M., & Weaver, F.M. (1013). Pain, depression, and health care utilization over time after spinal cord injury. *Rehabilitation Psychology*, 58(2), 158-165.
- Zeller, J. A. (2009). *Canoeing and kayaking for people with disabilities*. Fredericksburg, VA: American Canoe Association. (Contributing author).
- Tackett, M. J. (2009). Confessions of an ethics consultation line member. *Washington Psychologist*, 64(1), 10.
- Stoelb, B. L., Jensen, M. J., Tackett, M. J. (2009). Hypnotic analgesia for combat-related spinal cord injury pain: A case report. *American Journal of Clinical Hypnosis*, 51(3):273-80
- Tackett, M. J. & Lincoln, R. (2007). Development of a Peer Visitation Program for SCI Veterans and Caregivers. VASCI QUERI (RRP 07-349) Small grant funded research.
- Tackett, M. J. & Lincoln, R. (2009). Mental health conditions. In Hammond, M.C. & Burns, S.C. (Eds.) *Yes, You Can!* (4th Ed., pp 141-144). Washington, DC: Paralyzed Veterans of America.
- Tackett, M. J. (2009). Alcohol and substance abuse. In Hammond, M.C. & Burns, S.C. (Eds.) *Yes, You Can!* (4th Ed., pp 209-214). Washington, DC: Paralyzed Veterans of America.
- Tackett, M. J., Lincoln, R., & David, M. (2009). Psychosocial adjustment. In Hammond, M.C. & Burns, S.C. (Eds.) *Yes, You Can!* (4th Ed., pp 131-140). Washington, DC: Paralyzed Veterans of America.
- Lincoln, R. & Tackett, M. J. (2009). Pain. In Hammond, M.C. & Burns, S.C. (Eds.) *Yes, You Can!* (4th Ed., pp 169-172). Washington, DC: Paralyzed Veterans of America.
- Lincoln, R. & Tackett, M. J. (2009). Brain injury. In Hammond, M.C. & Burns, S.C. (Eds.) *Yes, You Can!* (4th Ed., pp 173-178). Washington, DC: Paralyzed Veterans of America.
- Lincoln, R, Tackett, J, Buhner, R, James, J, Kopcho, MJ, Lyman, P & Rogers-Fanucchi, R. (2006). *Development of a Pain Consult Team on a SCI Unit*. Poster presented at American Association of Spinal Cord Injury Psychologists and Social Workers. Las Vegas, NV.
- Tackett, M. J, Maciejewski, M. L., Richardson, R. D., Hunt, S. C., Roberts, L. & McFall, M. (2005). Predicting Costs of VA Health Care in Gulf War Veterans with Medically Unexplained Physical Symptoms. *Military Medicine*, 170, 70-75.
- Tackett, M. J., Lincoln, R., Martell, J. & Turner, A. (September, 2003). *Using the CES-D for Measuring Depression in Spinal Cord Injured Outpatients*. Poster presented at the American Association of Spinal Cord Injury Psychologists and Social Workers. Las Vegas, NV.
- David, M., Tackett, M. J., & James, J. (September, 2002). *Post-traumatic Syringomyelia: Psychosocial dilemmas in conservative management*. Poster presented at the American Association of Spinal Cord Injury Psychologists and Social Workers. Las Vegas, NV.
- Riva, M. T., Lippert, L., & Tackett, M. J. (2000). Selection practices of group leaders: A national survey. *Journal for Specialists in Group Work*, 25, 157-169.

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Tackett, M. J. (1995). *Components of a support group for HIV+/AIDS diagnosed heterosexuals*. Paper presented at the Annual Rocky Mountain Psychological Association Convention, Boulder, CO.

Sherry, P. & Tackett, M. J. (1995). *Psychotherapy Supervision: Personality, Content, and Technique*. Paper presented at the Annual Rocky Mountain Psychological Association Convention, Boulder, CO.

Tackett, M. J. & Sherry, P. (1995). *The Importance of Conflict Resolution in Supervision*. Paper presented at the Annual Convention of the Colorado-Wyoming Counseling Centers Association. Denver, CO.

PROFESSIONAL AFFILIATIONS

American Psychological Association – Div. 22 (Rehabilitation Psychology)

Washington State Psychological Association – Ethics and Professional Standards Committee (2001-2015) Congress of Spinal Cord Injury Professionals

SERVICE AND COMMITTEE ACTIVITIES

Fellow, American Psychological Association - 2021

President APA Division 22 – 2022-2023

President, American Board of Rehabilitation Psychology – 2018 – 2021

Vice President, American Board of Rehabilitation Psychology – 2017 – 2018

Officer, American Board of Rehabilitation Psychology – 2013 - 2021

Chair – ABRP Maintenance of Certification Committee – 2014 – 2017

Vice President – Council of Rehabilitation Psychology Postdoctoral Training Programs – 2019 - present

Secretary Treasurer - Council of Rehabilitation Psychology Postdoctoral Training Programs – 2017-2019

Member - Council of Rehabilitation Psychology Postdoctoral Training Programs – 2015 - present

American Psychological Association Division 22 – APA Convention Program Chair 2014

Member - VA Puget Sound – Seattle Division Training Committee – 2001 – present

Member - VA Puget Sound – Seattle Division Internship Selection Committee – 2001 - 2015

Chair - VA Puget Sound – Seattle Division Internship Seminar Committee – 2010 - 2015

Member - VA Puget Sound – Seattle Division Ethics Consultation Committee – 2011 – present