

Jacque Talesnick, Psy.D.

Licensed Clinical Psychologist, PSY27629

Rowan Center for Behavioral Medicine
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EDUCATION, TRAINING, & AWARDS:

Sensorimotor Psychotherapy, completion of Level 1 (Trauma Themes) and Level 2 (Developmental Injury)

Advanced Training in Complex Trauma and Dissociation (led by Janina Fisher, PhD)

Varied trainings through PESI, Affirmative Couch, and other institutes on LGBTQ+ affirming treatment, trauma-informed counseling, and person-focused, culturally sensitive approaches

Long Island University at C.W. Post (LIU Post, NY)

Psy.D. (Doctorate in Clinical Psychology)- 01/13

APA-Accredited Internship at Stony Brook University Counseling and Psychological Services- 08/12

M.S. in Applied Psychology- 09/09

Recipient of Awards:

Outstanding Dissertation: *Body Modification in the LGBTQ Population*

Outstanding Service to the Clinical Psychology Doctoral Program

Competitive Fellowship to Reduce Mental Health Service Disparities

Graduate Academic Achievement in Clinical Psychology

Stony Brook University

B.A. In Psychology- 05/05 (*H. Lee Dennison Valedictorian*)

CLINICAL PSYCHOLOGY/COUNSELING EXPERIENCE:

Rowan Center for Behavioral Medicine

11/15-Present

Group Practice Therapist- offering integrative, collaborative psychotherapy to individuals and couples presenting with varied concerns (i.e., relationship struggles, trauma and attachment wounds, work-life balance, life transitions, creative impasses, issues of identity, including gender and sexuality); consulting with fellow clinicians and community treatment providers, as indicated.

University of California, Los Angeles (UCLA) Counseling and Psychological Services 01/15-06/15

Staff Psychologist- providing brief individual and group psychotherapy to a large caseload of undergraduate and graduate students; coordinating with a multidisciplinary clinical team.

Long Beach Reach, Inc. at Long Beach & Port Counseling (NY)

05/13-12/14

Clinical Psychologist- providing outpatient clinical services to individuals with chemical dependency and co-occurring psychiatric disorders/dual diagnoses, as well as significant others affected by addiction. Activities include intake assessments, individual and group therapy, case conferences, supervision, and ongoing trainings.

Learning Support Center, LIU Post

08/12-05/13

Social Skills Counselor- assisting neurodivergent undergraduate students (i.e., ADHD and autism spectrum disorders) in improving their social skills and overall functioning; meeting on an individual and group basis; leading 2-3 recreational and social groups; coordinating varied opportunities for socialization.

Counseling and Psychological Services, Stony Brook University

08/11-08/12

Intern- providing individual, couples, and group therapy to undergraduate/graduate students; receiving LGBTQ sensitivity training & co-leading Safe Space trainings; performing multiple intakes per week, campus outreach, and triage/on-call; providing weekly supervision to a doctoral psychology extern; teaching seminars.

Pilgrim Psychiatric Center

07/10-06/11

Extern- co-facilitating DBT and DBT-S (substance-abuse focus), anger management, and cognitive distortions groups; conducting individual therapy with individuals on admissions and chronic care units; performing intakes and psychological assessments for adults with serious mental illness and forensic backgrounds.

Fay J. Lindner Center for Autism, AHRC

03/10-08/10

Extern- co-facilitating 2 cycles of 12-week psychoeducational/support groups for parents of children with ASDs; addressing topics of healthy lifestyle/physical fitness.

Northport VA Medical Center

09/09-05/10

Extern- providing supportive therapy with individuals and couples; co-facilitating year-long psychoeducational anger management/psychotherapy groups with veterans; performing comprehensive neuropsychological assessments; working with an interdisciplinary team & coordinating care of clients.

TEACHING & OTHER NON-CLINICAL WORK EXPERIENCE:

Homework Club

08/15-12/15

Tutor/Teacher- assisting school-aged children with their academic studies and assignments; encouraging pro-social classroom behavior and interpersonal interactions.

Trauma Team, LIU Post

01/09-05/11

Member- attending didactics on trauma-related topics (i.e., psychological first aid, emergency responses, coping with trauma); responding to traumatic community events as needed.

Gersh Academy/Eastport Manor School District

09/07-09/09

1:1 Paraprofessional Aide- assisting an adolescent with ASD in areas of emotion regulation, impulse control, self-monitoring/management, community integration, socialization, & effective communication.