

DR .DANIEL GARRETT, PSY. D.

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EDUCATION

The Wright Institute, Clinical Psychology Doctoral degree in APA accredited Psy. D. program Conferred M.A in 2015	2013-2020
University of California, Berkeley, B.A in. Psychology	May 2012
El Camino College, A.A in Social Sciences	May 2010

CLINICAL EXPERIENCE

Rowan Center for Behavioral Health, Post-Doctoral Fellow January 2020 – Present

- Provide clinical services in an integrated mental health group practice for a wide range of problems including mood disorders, stress management, phase of life challenges, and relationship concerns.
- Providing individual and group therapies in support of client goals or addressing client challenges.
- Receive individual and group supervision for consultation and professional development.
- Participate in didactic trainings in mental health topics.

Tarzana Treatment Centers, Post-Doctoral Fellow July 2020 – Present

- Provide clinical services in a dual-diagnosis treatment facility specializing in the treatment of substance use disorders and co-occurring mental health disorders through an interdisciplinary lens.
- Conduct in-depth evaluations and follows of patients admitted to the inpatient unit for detoxification and psychological stabilization.
- Conduct risk assessment and crisis management services for acute patients throughout the unit process (intake, psychiatric clearance).
- Provide individual psychotherapy to inpatient and residential patients in Tarzana Treatment Centers.
- Program management and client assignments for Tarzana Treatment Center's Mental Health Outpatient Program (MHOP)
- Provide consultation and mentoring to practicum trainees and pre-doctoral interns.
- Participate in weekly didactic trainings in mental health and substance use topics
- Receive individual and group supervision for consultation and professional development.

University of Missouri, Columbia-Pre-Doctoral Intern August 2019 – Present

- Provided brief individual and group therapies for diverse young adult undergraduate and graduate students presenting with a range of mental health diagnoses and substance use concerns, both in-person and via teletherapy.
- Conducted clinical intake assessments for placement with mental health services in the counseling center or referral to a community provider,
- Provided crisis assessment and crisis intervention for students presenting for emergency psychological services.
- Provided case supervision to two student Graduate Assistants over the academic year.
- Outreach activities (e.g. tabling, emotional support) to provide mental health information and mental health support to the student body and university faculty and staff.
- Collaborated with campus community partners to develop a consultation project focused on the psychological benefits of sleep and created a workshop to be shared with students.
- Received focus area supervision on providing psychotherapy and mental health services to LGBTQ students.
- Consultation with campus partners (e.g. Student Health Center) to facilitate and coordinate student mental healthcare.
- Received weekly didactic trainings focused on theory and practice of psychotherapy from a generalist perspective, with emphasis on student and young adult populations.
- Received individual and group supervision for clinical work, consultation, and professional development.

Marin Treatment Center Outpatient Program – Trainee July 2015 – June 2016

- Provided weekly individual psychotherapy to a caseload of 10+ clients with a wide range of co-occurring disorders in outpatient methadone maintenance treatment.
- Assisted clients in managing emergent issues by conducting regular safety assessments and implementing crisis intervention as needed.
- Coordinated with a multidisciplinary team made up of medical doctors, nurse practitioners, psychologists, and other health care providers.
- Composed treatment plans and progress notes that met MediCal, county, state, federal, and CARF standards, participated in an ongoing peer review process, and developed case presentations for the clinical staff.
- Received weekly didactic trainings focused on psychological issues and practice with dual-diagnosis populations.

HealthRight360-Bridges Outpatient Program – Trainee September 2014 – June 2015

- Conducted individual and group therapy with program participants on parole or probation in a harm-reduction milieu setting, where clients present with dual diagnosis (poly-substance use) and acute psychopathology
- Created and co-facilitated brief psychoeducational and process-oriented groups that focused upon substance abuse, resiliency development, decision making, anger management, and sexuality.
- Conducted informal and formal assessments (e.g. WAIS, MMPI-II) to guide treatment and evaluation of clients.

- Charted client progress through electronic health record systems
- Participated in weekly didactic training to develop skills in motivational interviewing, trauma informed care, and provided care for clients with acute presentations of mood and personality disorders.

Solano County Jail Counseling Program - Trainee September 2013 – June 2014

- Conducted therapy with individuals from diverse cultural backgrounds, presenting with complex psychological disorders such as PTSD, bipolar disorder and schizophrenia
- Sessions varied but focused on interpersonal relatedness, problem solving skills, coping techniques, emotion regulation, interpersonal effectiveness, impulse control, distress tolerance, transition from jail to prison, and social integration.
- Consistently held a case load of 5 individual clients ages 18-70 years old
- Consulted regularly with the Mental health Team regarding client medication and mental health status.

ADDITIONAL OUTREACH

University of California, Berkeley, Berkeley, CA **Jan 2011 to Jan 2012**
Facilitator, Gender Equity Resource Center

- Facilitated and developed workshops that raised awareness and engaged peers in discussions on issues relating to human diversity, social privilege and power.
- Managed projects related to the internship, including events, presentations, and group leadership development.
- Developed internship manual for incoming interns.
- Broadened general knowledge to campus at large about gender and sex issues relevant to student body.

Center for Positive Sexuality, Los Angeles, CA **Sept 2011 to Sept 2013**
Volunteer Sex Educator

- Facilitated online workshops for people discussing topics of sexuality for small and large groups.
- Developed curriculum for workshops with fellow educators.
- Assisted in research with Center staff members.
- Provided services on an individual basis to people visiting the online Center by engaging in conversation and directing them to resources appropriate to their needs.
- Worked in a collaborative fashion with other volunteers to strengthen curriculum and encourage participation.

RESEARCH EXPERIENCE

Doctoral Dissertation Research, The Wright Institute, Berkeley **Sept 2016-June 2020**

- Qualitative grounded theory doctoral dissertation investigating the experiences and motivations of gay and bisexual males in the pup play kink community.

- Collected and synthesized qualitative interview data from members of the community to investigate clinical concerns for mental health practitioners when engaging in clinical practice with the pup play and kink communities.
- Collaborated with community members in research to triangulate data collected and to ensure research is sensitive to the studied culture.
- Dissertation completed and filed in June 2020
- Forthcoming publications of excerpts from dissertation.

Sleep and Neuroimaging Lab, University of California, Berkeley Sept 2011-Jan 2012

Research Assistant, Dr. Matthew Walker/Ingrid Neuwenhuis

- Assisted in a study that investigated how sleep or absence of sleep affect memory.
- Fitted participants with geodesic sensor nets for EEG/ECG/EOG data collection.
- Analyzed collected data.
- Participated in group critique of publications in various stages of authorship.
- Worked in collaborative group to perfect data collection.

HONORS AND AWARDS

Virginia and Thomas Riddle Behavioral and Social Science Scholarship 2010
 Awarded for outstanding achievement in Social Science

PROFESSIONAL AFFILIATIONS

Society for the Scientific Study of Sexuality 2020-present
 Early Career Member

American Psychological Association, Member 2019-present

American Board of Professional Psychology 2014-Present
 Graduate Student Early Entry Member

Psi Chi International Honor Society, UC Berkeley 2011-2012
 Public Relations Officer.

Alpha Gamma Sigma, El Camino College 2010
 InterClub Council Officer

REFERENCES

Dr. Kerri J. Schafer, Ph. D.
 Clinical Supervisor, University of Missouri, Columbia
 Columbia, MO.

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