

# CURRICULUM VITAE

## Liliyan Avansian, Psy.D.

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### EDUCATION

California School of Professional Psychology–Los Angeles (CSPP-L.A.)                      Psy.D., August 2017  
Alliant International University  
Clinical Psy.D. Program; Multicultural-Community Clinical Psychology (MCCP) Emphasis  
APA-Accredited Program

California School of Professional Psychology–Los Angeles (CSPP-L.A.)                      M.A., August 2015  
Alliant International University  
Major: Clinical Psychology  
APA-Accredited Program

University of California, Los Angeles, Los Angeles, CA                                      B.A., *cum laude*, June 2013  
Major: Psychology  
Minor: Near Eastern Languages and Cultures

Glendale Community College, Glendale, CA    *Dean's Honors List*, June 2011

### OTHER LANGUAGES

- Armenian (fluent in speaking and reading)
- Farsi (fluent in speaking and reading)

### AWARDS

Division 35 (Psychology of Women) of APA	2016
Student Peer Mentorship Award	2016
CSPP Dean's Award of Excellence	2014
Suicide Prevention Gatekeeper Program	2012
Alpha Lambda Delta National Academic Honor Society Award	2012
PHI ETA SIGMA National Honor Society Award	2012
Dean's Honor Award	2012
Suzette Evelyn Clover Scholarship	2011
Scholarship Recognition Award (UCLA)	2011
Associated Student of Glendale Community College Scholarship	2010

### SPECIALIZED TRAINING

Addiction, Trauma, & Adverse Childhood Experience (ACEs)	2016
Trauma Studies Program: Psychodynamic Perspectives on Theory and Treatment	2016-2017

## **SUPERVISED CLINICAL EXPERIENCE**

**Rowan Center for Behavioral Medicine, Burbank, CA**

**October 2020–Present**

Primary Supervisor: Narineh Hartoonian, Ph.D.

Secondary Supervisor: Angela Williams Psy.D.

*Post Doctoral Psychological Assistant*

- Provide individual and couples psychotherapy sessions to adult patients
- Provide psychological services to manage patient's acute and chronic pain
- Conduct psychological testing, perform scoring and interpret tests
- Provide stress management and Cognitive Rehabilitation Therapy

**Western Pacific Psychological Network Inc., Sherman Oaks, CA**

**August 2017–Present**

Primary Supervisor & Director: Zara Ashikyan, Ph.D., QME

Secondary Supervisor: Lisa Meneshian, Ph.D.

*Post Doctoral Psychological Assistant*

- Provide individual psychotherapy to adult patients utilizing cognitive behavioral therapy, mindfulness, and behavioral medicine psychological approaches based on the needs of patients
- Utilize FDA approved Biofeedback technological to reduce and control patient's pain
- Conduct psychological testing, perform scoring and interpret tests
- Consult as needed with appropriate specialists/patient's health care providers

**Meadow Psychotherapy Services, Glendale, CA**

**March 2018–Present**

Supervisor & Director: Mariam Taturyan. Psy.D.

*Psychological Assistant*

- Provide individual, family, and couples psychotherapeutic treatments to address patients' needs and goals
- Conduct initial interviews and intakes
- Conduct therapy sessions with children and teenagers

**Pasadena Rehabilitation Institute, Pasadena, CA**

**August 2015–August 2017**

Primary Supervisor & Director: Philip Corrado, Ph.D., QME

Secondary Supervisor: Harold Gottlieb, Ph.D.

*Practicum Student & Psychology Intern*

- Conduct psychological testing, presurgical evaluations, worker's compensation evaluations and intake evaluations with patients suffering from acute and chronic pain
- Conduct comprehensive neuropsychological testing for the assessment of neurocognitive disorders
- Administer and score all batteries; interpret data to write integrated reports; conduct feedback sessions with patients; engage in collaborative consultation with multidisciplinary pain management teams such as medical doctors, physical therapists, occupational therapists and psychologists
- Provide group and individual psychotherapy to individuals utilizing psychodynamic, and cognitive behavioral approaches based on the individuals needs of the clients
- Provide psychotherapy to assist patients increase their quality of life through increased functionality, increased reliance on self, medication stabilization and reduction, decreasing pain and decreasing suffering from psychosocial factors affecting medical conditions
- Utilize biofeedback with dialectical behavior therapy techniques, relaxation, and pain reduction trainings

**AEGIS Treatment Centers, LLC, Pasadena, CA**

**September 2014–August 2015**

Supervisor: Sue Folk Smith, Ph.D.

*Practicum Student*

- Provided outpatient individual and group psychotherapy to adults from ethnically and socio-economically diverse population with illicit drug dependence and high risk patients
- Conducted intakes, discharge planning, initial needs assessments, Addiction Severity Index assessments, and initial treatment plans as required by Commission on Accreditation of Rehabilitation Facilities guidelines, federal and state regulations
- Evaluated patients for any high-risk conditions (e.g., liver failure, pregnancy, overdose, bipolar disorder, schizophrenia, etc.), which may endanger the patient (suicidal ideation) or other parties (homicidal ideation)
- Referred patients in need of specialized clinical services for recovery to appropriate professional specialists, physicians, and inpatient facilities
- Administrated the DASS screening tool to determine the severity of the mental/emotional condition
- Implemented psych-educational individual and group interventions to increase awareness of early recovery skills, relapse prevention, HIV/AIDS, 12-Step Programs, alcohol and other drugs use, discharge planning and stress and time management
- Utilized advanced counseling techniques such as cognitive behavioral therapy, motivational interviewing, solution-focused intervention, and dialectical behavior therapy

**Gateway To Success, Granada Elementary School, Alhambra, CA**

**September 2013–June 2014**

Supervisor: Vivian Tamkin, Ph.D.

*Practicum Student*

- Implemented psycho-educational group intervention to increase awareness of emotions, feelings and social skills to children between the ages of 5 years-old to 12 years-old
- Conducted school-based, individual therapy sessions with children from diverse populations
- Incorporated expressive arts therapy techniques (e.g., play, dance/movement, music and drawing) to address clinical presenting problems
- Constructed creative activities and presentations to teach and promote anti-bullying skills
- Helped students to work through the challenges that are interfering with their academic, personal, or social adjustment
- Collaborated with teachers and staff to create a encouraging and positive educational environment

**Early Childhood Partial Hospitalization Program, UCLA**

**June 2012–November 2012**

Directors: Stephany Freeman, Ph.D.

Tanya Paparella, Ph.D.

*Assistant*

- Administered therapies to children with autism, developmental disabilities, and behavioral disorders
- Developed educational, behavioral, social interventions tailored for each child
- Delivered social and behavioral skills training, with a special emphasis on eye contact and peer relationships and helped children with drawing, games, eating, and initiating peer conversations

**RESEARCH EXPERIENCE**

**Dissertation, CSPP-L.A.**

**Defense Date: March 2017**

Chair: Randy Noblitt, Ph.D.

Avansian Adegani, L. *The use of expressive arts therapy with Iranian women: New possibilities for self-expression.* Unpublished doctoral dissertation. Alliant International University, Los Angeles, CA.

**Multicultural Women's Research Group, CSPP-L.A.**

**July 2014–March 2017**

Director: Linda Beckman, Ph.D.

*Research Assistant*

- Increasing awareness regarding cultural differences to further promote psychological well-being and empowerment among women
- This project examines religiosity, acculturation, sexuality and psychological wellbeing of Muslim American women.
- Utilize data-processing equipment in the treatment of research data, and operate statistical techniques related to research
- Assist research related activities including: grant writing, data collection and analysis, literature reviews, prepare reports; conduct research on-site and online
- Assist in the preparation of reports and papers for seminars and conferences as well as those destined for publication or presentation at national meetings

**Dynamic Language Learning Progressions, UCLA**

**April 2012–August 2013**

Director: Alison Bailey, Ph.D.

*Research Assistant*

- Collected language data using audio equipment, written assessments, and observation protocols
- Managed and transcribed multiple types of linguistic data for analysis

**Attention Deficit Hyperactivity Disorder (ADHD) Lab, UCLA**

**June 2012–May 2013**

Director: Steve S. Lee, Ph.D.

*Research Assistant*

- Reviewed and analyzed research manuscripts
- Shadowed child ADHD assessments conducted by graduate students
- Participated in weekly laboratory meetings
- Managed clinical assessment data obtained from clients' families and teachers
- Worked on individual research projects with graduate student advisor

**Yogic Breath Based Meditation Study, UCLA**

**March 2012–March 2013**

Director: Theodore Robles, Ph.D.

*Research Assistant*

- Assessed cognitive functioning and took physiological measurements during participants' lab visits
- Participated in all laboratory meetings and related seminars with other assistants and professors
- Assisted with set up of various experiments and entered data assembled from experiment

**POSTERS AND PRESENTATIONS**

Abdolsalehi-Najafi, E. (PhD), **Avansian Adegani, L.**, Beckman, L. (PhD), Moreno, M., Iwabuchi, M. (2016, August). *Recruiting Muslim women: Difficulties and concerns in finding an adequate sample*. Poster presented at the American Psychological Association Conference, Denver, CO.

Abdolsalehi-Najafi, E. (PhD), Beckman, L. (PhD), Iwabuchi, M., **Avansian Adegani, L.**, Moreno, M. (2016, August). *Sexuality, religiosity, acculturation and the psychological well-being of Muslim women*. Poster presented at the American Psychological Association Conference, Denver, CO.

Beckman, L. (PhD), Abdolsalehi-Najafi, E. (PhD), **Avansian Adegani, L. (MA)**, Iwabuchi, M. (2015, November). *Research on Muslim American women: A dialogue on the challenges of recruitment and participation when investigating sexual issues, cultural factors and mental Health*. Paper presented at the International and Multicultural Education, Research, Intervention, and Training (I-Merit) Unity Conference, Alliant International University, Alhambra, CA.

**Avansian Adegani, L.,** Liu, J. (2015, October). *Multi-systemic stigma experienced by Middle Eastern immigrant children: clinical considerations and barriers*. Poster presented at the Los Angeles County Psychological Association's 27<sup>th</sup> Annual Convention, Culver City, CA.

**Avansian Adegani, L.,** & Milton, A. D. (2015, August). *Psychological and social factors influencing sexual identity formation in LGBT Middle Eastern populations*. Poster presented at the 20<sup>th</sup> International Summit & Training on Violence, Abuse & Trauma: Linking Research, Practice, Advocacy & Policy, San Diego, CA.

**Avansian Adegani, L.,** Banoo, S., Moreno, M., & Noblitt, R. (2015, April). *The impact of intimate partner violence on mental health service utilization among Middle Eastern women*. Paper presented at the 95<sup>th</sup> Annual Southwestern Social Science Association Convention, Denver, CO.

**Avansian Adegani, L.** (2015, March). *Substance abuse and intimate partner violence*. Paper presented at the annual meeting of the Aegis Treatment Association, Pasadena, CA.

### **INVITED PRESENTATIONS**

**Avansian Adegani, L.** (2015, April). *Remembering: The Holocaust and The Armenian Genocides*. Presenter at the Amnesty International, Alliant International University, Alhambra, CA.

**Avansian Adegani, L.** (2014, October). *The importance of bilingual and multiculturally aware psychologists with Latino/a immigrants*. Presenter at the Amnesty International, Alliant International University, Alhambra, CA.

**Avansian Adegani, L.** (2014, October). *Mental health and social justice: Using your voice to make a difference*. Presenter at the Student Government Association, Alliant International University, Alhambra, CA.

**Avansian Adegani, L.** (2014, April). *Disempowerment and sexism in the Middle East*. Presenter at the Women's Advocacy Club, Alliant International University, Alhambra, CA.

**Avansian Adegani, L.** (2013, May). *What do Middle Eastern women want?* Presenter at the Armenian Student's Association, University of California, Los Angeles, Los Angeles, CA.

**Avansian Adegani, L.** (2013, March). *Mindfulness and Yogic breathing techniques*. Presenter at the Armenian Student's Association, University of California, Los Angeles, Los Angeles, CA.

**Avansian Adegani, L.** (2012, April). *Steps for succeeding in college*. Presenter at the Psychology Club, Glendale Community College, Glendale, CA.