

AMINA T. FLOWERS, PSY.D.

Licensed Clinical Psychologist: PSY 32588
Rowan Center for Behavioral Medicine
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EDUCATION

Doctor of Psychology- Clinical Psychology (2019)

Pepperdine University Graduate School of Education and Psychology- APA-Accredited Program
Dissertation: *The Role of Spirituality and Religion Amongst African American Female Survivors of Physical Intimate Partner Violence*
Chair: Dr. Thema Bryant-Davis

Master of Arts-Clinical Psychology (2015)

California State University, Northridge
Master's Thesis: *Functional Deficits in Mild Cognitive Impairment and Alzheimer's Disease*
Chair: Dr. Jill Razani

Bachelor of Arts- Major: Psychology Minor: Gender and Women's Studies (2013)

California State University, Northridge
Undergraduate Thesis: *Mild Cognitive Impairment, Frontotemporal Lobe Damage, and Alzheimer's Disease*
Chair: Dr. Jill Razani

CLINICAL EXPERIENCE

Rowan Center for Behavioral Medicine (June 2021-Present)

Licensed Clinical Psychologist

Provide individual, couple, and group psychotherapy for patients presenting with a wide range of concerns including depression, anxiety, medical, and neurological conditions.

Rancho Los Amigos National Rehabilitation Center (September 2019-June 2021)

Rehabilitation Psychology Post-Doctoral Fellow

Supervisors: Kelli McSwan, PhD; Raj Sainath, PsyD; Sophia Serpa, PsyD; Serina Hoover, PsyD, ABPP(RP); Virginia Chavarria, Ph.D., ABPP(NP); Aida Saldivar, Ph.D., ABPP(RP)

Responsible for psychological and neuropsychological services to inpatient and outpatient populations undergoing rehabilitation within the Neurorehabilitation, Adult Brain Injury, Pressure Ulcer Management, Pediatrics, and Spinal Cord Injury units in a department of health services (DHS) facility with a mission to provide services to underrepresented individuals to restore health, rebuild life, and revitalize health, for individuals with significant psychosocial histories and psychiatric comorbidities.

Conducted psycho-diagnostic and neuropsychological evaluations, medical decision-making capacity evaluations, facilitated education/support groups, and individual/family psychotherapy for ethnically diverse individuals with a wide range of chronic illnesses, disabilities, and co-morbid psychiatric conditions including stroke, TBI, diabetes, amputation, spinal cord injury, depression, anxiety, schizophrenia, bipolar, personality disorders, etc., as part of an interdisciplinary treatment team.

Massachusetts Mental Health Center/Beth Israel Deaconess Medical Center/Harvard Medical School – APA Accredited Internship Program (July 2018-June 2019)Pre-Doctoral Intern-Neuropsychology Track

Supervisors: Nancy Moczynski, Ph.D., ABPP(NP); William Stone, Ph.D., ABPP(NP); Xialou Hsi, Ph.D.; Shirley Yen, Ph.D.

Conducted comprehensive neuropsychological assessments in an ambulatory psychiatry unit at Beth Israel Deaconess Medical Center (BIDMC) and an outpatient clinic, presenting with both cognitive (dementia, TBI, HIV, etc.) and psychiatric concerns (schizophrenia, bipolar disorder, depression, anxiety, etc.). Provided individual and group outpatient psychotherapy and crisis intervention services for a caseload of DMH eligible clients diagnosed with serious and persistent mental illness and in a community mental health clinic for higher functioning adults. Participated in weekly interdisciplinary treatment team meetings, attended and participated in weekly didactic psychotherapy, psycho-diagnostic, and neuropsychology seminars.

Cedars-Sinai Medical Center (July 2017-June 2018)Neuropsychology Extern

Supervisor: Dale Sherman, Ph.D.

Conducted comprehensive clinical interviews, neuropsychological assessments, and provided feedback to patients and interdisciplinary treatment teams within an outpatient clinic and inpatient ward for ethnically diverse patients with neurological, medical, and psychiatric co-morbidities. Consulted with an inter-disciplinary medical treatment team. Attended and participated in weekly neuropsychology and medical didactic seminars.

Kaiser Permanente Los Angeles Medical Center (September 2016-June 2017)Neuropsychology Extern

Supervisor: Karen Earnest, Ph.D., ABPP-NP

Conducted neuropsychological evaluations to an ethnically diverse, outpatient population spanning young adult through geriatric age-ranges, who presented with wide-ranging medical, neurological, and psychiatric conditions to facilitate treatment planning. Participated in interdisciplinary epilepsy surgery conferences, movement disorder meetings, and WADA testing for neurosurgery evaluations.

Rowan Center for Behavioral Medicine (September 2016-June 2018)Practicum Extern

Supervisor: Angela Williams, Psy.D.

Conducted psychosocial intake interviews, wrote diagnostic intake reports, and developed treatment plans for an outpatient population with medical, psychiatric, and neurological conditions.

Provided individual weekly psychotherapy and crisis intervention to address issues related to a range of medical illnesses and mental health concerns utilizing CBT, humanistic and existential interventions, and ACT techniques.

Administered comprehensive neuropsychological evaluations, constructed reports, and provided feedback, to population with medical, psychiatric, and neurological conditions.

Union Rescue Mission- Pepperdine Counseling Center (September 2015-June 2018)Psychotherapy Extern

Supervisor: Aaron Aviera, Ph.D.

Conducted psychosocial interviews, diagnostic reports, developed treatment plans, and facilitated individual psychotherapy and group psychotherapy utilizing various modalities (e.g., CBT, motivational interviewing, and mindfulness relapse prevention) with culturally diverse clients experiencing homelessness and living at a shelter in downtown Los Angeles's "Skid Row." Addressed chronic substance use disorders and comorbid mental illnesses (e.g., schizophrenia, bipolar disorder, personality, and mood disorders).

Pepperdine Community Mental Health Clinic (January 2016- June 2018)Psychotherapy Extern

Supervisor: Aaron Aviera, Ph.D.

Conducted psycho-diagnostic evaluations, psycho-diagnostic reports, developed treatment plans, and facilitated psychotherapy (CBT, ACT) with individuals from the greater West LA area in an outpatient university clinic presenting with a variety of mental health conditions (e.g., mood disorders, anxiety disorders, post-traumatic stress disorder, and relational issues).

Utilized self-report questionnaires of depression, suicidality, and client experiences of the therapeutic alliance (BDI-II; PHQ-9; OQ; WAI) to monitor ongoing symptomatology, client experiences in therapy, to aid in treatment planning.

California State University, Northridge Mood and Anxiety Clinic (August 2013 – May 2015)Clinical Psychology Masters Student Intern

Supervisor: Jill Razani, Ph.D.

Conducted intake interviews for potential clients, provided individual weekly psychotherapy from a CBT approach to treat various disorders: (e.g., anxiety, and depression). Engaged in peer consultation and supervision. Presented and participated in weekly group supervision meetings.

Child and Adolescent Diagnostic Assessment Clinic (August 2014- May 2015)Clinical Psychology Masters Student Intern

Supervisor: Gary Katz, Ph.D.

Assessed children and college aged individuals for various cognitive and learning disabilities. Administered various IQ, achievement, and social and emotional tests. Aided in the development of case conceptualization reports with treatment recommendations.

Rich and Associates Private Practice (June-August 2016)Practicum Extern

Supervisor: Dr. Erika Rich

Facilitated structured social skills training curriculum for a day camp which included group-based, social skills lessons and behavioral management interventions to children ages 5-10 years, with behavioral, emotional, and cognitive challenges (i.e., autism spectrum disorder; anxiety disorders; communication disorders; mood disorders; attention deficit/hyperactivity disorder; problems with emotion regulation).

RESEARCH EXPERIENCE

Rancho Los Amigos National Rehabilitation Center (April 2020-Present)Research Assistant

Principal Investigator: Serina Hoover, Psy.D., ABBP-RP, QME

Researching the psychological impact of the COVID-19 pandemic on healthcare workers in a hospital setting.

Pepperdine University: Oasis – Trauma Recovery and Thriving within Cultural Context (December 2015 – October 2019)Graduate Research Assistant

Principal Investigator: Thema Bryant-Davis, Ph.D.

Conducted research on spiritual and religious pathways to holistic health among African American female intimate partner violence survivors.

California State University, Northridge**Neuropsychology Dementia and Multicultural Lab (2010-2018)**Laboratory Coordinator/Research Assistant

Principal Investigator: Jill Razani, Ph.D.

Funded: National Institutes of Health

Project One: Examined severity and domain specificity on an activity of daily living task between normal controls, Mild Cognitive Impairment, and Alzheimer's disease groups, to provide better treatment plans for healthcare providers.

Project Two: Examined the cultural factors that affect the neuropsychological test performance of immigrants, bilingual individuals, and ethnically diverse individuals in various multicultural groups.

University of California Berkeley, Summer Research Opportunity Program (2012)Research Assistant**Impulsivity, Emotions, and Cognitive Task Performance**

Principal Investigators: Jessica Cohen Ph.D.; Mark D'Esposito, Ph.D.

To examine the relationship between impulsivity, emotional states, and cognitive performance.

Developed research project (poster presentation and research paper) from previously collected data and conducted literature reviews and statistical analyses using SPSS

SUPERVISION

Pepperdine UniversityPeer Supervisor (September 2017-June 2018)

Supervisor: Aaron Aviera, Ph.D.

Provided comprehensive peer supervision to first-year doctoral students in a residential substance use rehabilitation program and at a community mental health center.

PUBLICATIONS

Avila, J., **Flowers, A.**, Scott, T. M., Quilici, J., Apostolova, L. G., Woo, E., Ringman, J., & Razani, J. (2015). Daily Activity Abilities in MCI, Alzheimer's Disease, and Healthy Controls. *Journal of Gerontopsychology and Geriatric Psychiatry*.

Avila, J. F., Verney, S. P., Kauzor, K., **Flowers, A.**, Mehradfar, M., & Razani, J. (2018). Normative data for Farsi-speaking Iranians in the United States on measures of executive functioning. *Applied Neuropsychology: Adult*, 1-7.

PRESENTATIONS

Flowers, A., Meza-Gonzalez, I., Avila, J., Razani, J., (April, 2012). Mild Cognitive Impairment and the California Verbal Learning Test. Poster session presented at the annual *Western Psychological Association Conference* in San Francisco, CA, Poster Session.

Meza-Gonzalez, I., **Flowers, A.**, Razani, J., (April, 2012). Effect of Mild Cognitive Impairment on Daily Activities in Seniors. Poster session presented at the annual *Western Psychological Association Conference* in San Francisco, CA, Poster Session.

Flowers, A., Cohen, J., D'Esposito, M., (July, 2012). Emotion, Impulsivity, and Cognitive Task Performance. Poster session presented at the annual *Summer Research Opportunity Program*, Berkeley, CA

Flowers, A., Avila J., Razani, J., Woo, E., Ringman, J., Lu P., Apostolova, L., (February, 2013). Mild Cognitive, Impairment, Frontotemporal Lobe Damage, and Alzheimer's Disease and their relation to Activities of Daily Living. Poster Session presented at the annual *International Neuropsychological Society*, Waikoloa, Hawaii.

Flowers, A., Avila J., Razani, J., Woo, E., Ringman, J., Lu P., Apostolova, L., (February, 2014) Performance of Patients with Different Subtypes of Mild Cognitive Impairment on Activities of Daily Living Tasks. Poster Session presented at the annual *International Neuropsychological Society*, Seattle, Washington.

Murcia, M., **Flowers, A.**, Avila J., Razani, J., (April, 2012). Quality of Education and Its Effect on WASI Test Performance in Ethnically Diverse Individuals, Poster Session, presented at the annual, *Western Psychological Association*, Reno, Nevada.

Flowers, A., Avila J., Razani, J., Woo, E., Ringman, J., Lu P., Apostolova, Liana M.D., (July, 2014). One-Year Follow Up Examination of Functional Status on an Activity of Daily Living Task in Mild Cognitive Impairment and Alzheimer's Disease, Poster Session presented at the *annual Alzheimer's Association International Conference*, Copenhagen, Denmark.

Flowers, A., Avila J., Razani, J., Woo, E., Ringman, J., Lu P., Apostolova, L., (August, 2014). Sensitivity and Specificity of the Direct Assessment of Functional Status, Poster Session presented at the annual *American Psychological Association*, Washington, D.C.

Flowers, A., Avila J., Razani, J., Woo, E., Ringman, J., Lu P., Apostolova, L., (August, 2014). The Influence of Cultural Variation on the Performance of Cognitive Tasks, Poster Session presented at the annual *American Psychological Association*, Washington, D.C.

Flowers, A., Avila J., Razani, J., Woo, E., Ringman, J., Lu P., Apostolova, L., (February, 2015). Gender and its effect on an Activities of Daily Living Task in Mild Cognitive Impairment. Poster Session presented at the annual *International Neuropsychological Society*, Denver, Colorado.

Flowers, A., Avila J., Razani, J., Woo, E., Ringman, J., Lu P., Apostolova, L., (February, 2015). CVLT and its Prediction of Deficits in Activities of Daily Living. Poster Session presented at the annual *International Neuropsychological Society*, Denver, Colorado.

Flowers, A., Avila, J., Razani, J., (May, 2015). Performance of Patients with Cognitive Impairment on the California Card Sorting Task, Poster Session presented at the annual *Association of Psychological Science*, New York, New York.

Flowers, A., Michel, S., Razani, J., (February, 2016). Neuropsychological tests and functional ability, Poster Session presented at the annual *International Neuropsychological Society*, Boston.

Flowers, A., Michel, S., Razani, J., (April, 2016). Cognitive and functional impairment in older Adults with MCI and Dementia. Paper presented at the annual *Western Psychological Association*, Long Beach, CA.

Flowers, A., Michel, S., Razani, J., (February 2017). Socioeconomic Status and Neuropsychological Test Performance. Poster Session presented at the annual *International Neuropsychological Society*, New Orleans, Louisiana.

Flowers, A., Michel, S., Razani, J., (April, 2016). Cognitive and functional impairment in older Adults with MCI and Dementia. Paper presented at the annual *Western Psychological Association*, Long Beach, CA.

Flowers, A (April, 2016). Cognitive and functional impairment in older Adults with MCI and Dementia. Paper presented at the annual *Western Psychological Association*, Long Beach, CA.

Flowers, A, Yeh, T., Bae, C., Vasquez, B., (April, 2017). Religious and Spiritual Coping Among Ethnically Diverse Trauma Survivors. Paper presented at the annual, *Christian Association for Psychological Studies*, Chicago, Illinois.

Flowers, A., Michel, S., Razani, J., (February 2018). Differences in Caregiver Burden Amongst Individuals with Various Forms of Cognitive Impairment. Poster Session scheduled to present at the annual *International Neuropsychological Society*, New Orleans, Louisiana.

TEACHING EXPERIENCE

Graduate Instructional Student Assistant (2013- 2015)

Psychology Department, California State University, Northridge, CA

Counseling and Interviewing, Statistical Research Methods for Psychology, Research Methods in Psychology, Physiological Correlates to Human Behavior, etc.

PROFESSIONAL AFFILIATIONS

American Psychological Association (2011 - Present)

Division 22-Rehabilitation Psychology (2019-Present)

Division 40- Clinical Neuropsychology (2014-2019)

Division 45- Ethnic Minority Issues (2014-2019)

Psi Chi International Honor Society (2012 - 2019)

Pepperdine University PsyD Student Government Association-Steering Committee

Representative (2016-2019)

AWARDS/SCHOLARSHIPS

American Legion Auxiliary Unit Scholarship (2010)

Minority Access to Research Careers Undergraduate Fellow (2011-2013)

Dean's List (Fall 2010- Spring 2013)

Miss Black and Gold (California State University, Northridge) (2012)

Miss Black and Gold Southern California District Highest G.P.A./Miss Congeniality (2012)

Research Initiative for Scientific Enhancement (RISE) Fellow (2013-2015)

CSUN Scholar Practitioner Graduate Award (2015)

Conrad Hilton Foundation Fellowship (2015-2016)

Pepperdine University- Graduate School of Education and Psychology Diversity Scholarship (2015-2019)
